PRICING

Our studio enforces a strict 12-hour cancellation policy for all studio classes. If you cancel your reservation up to 12 hours before the class begins, the credit will be returned to your account for future use. However, cancelling within 12 hours of the class start time will result in being charged as if you attended. We encourage timely cancellations to open up spots for others on the waitlist.

Please aim to arrive 5-10 minutes before the start of the class. Late arrivals may not be admitted to ensure everyone's safety and enjoyment. If you're running behind, please contact the studio to inform us. If you're more than five minutes late, your spot may be offered to someone else.

Please note that workshops and courses are non-refundable and non-transferable.

**REFORMER PILATES PAY AS YOU GO (PAYG)**

£20.50 VALID FOR 20 DAYS

REFORMER PILATES EXPRESS £19.50 VALID FOR 20 DAYS

AGEING STRONG PILATES £10 VALID FOR 20 DAYS

**PASSES**

3 CLASS PASS £58.50 VALID FOR 31 DAYS

5 CLASS PASS £95 VALID FOR 2 MONTHS

10 CLASS PASS £180 VALID FOR 3 MONTHS

**ROLLING MEMBERSHIPS**

**1 MONTH REFORMER PILATES UNLIMITED PACK £240**

This membership entitles you to unlimited classes per month for £15 per class is attending 5 classes a week.

**1 MONTH REFORMER PILATES SILVER PACK £170**

This membership entitles you to book 10 reformer classes per month for £170 (£16 per class).

**1 MONTH REFORMER PILATES BRONZE PACK £90**

This membership entitles you to book 5 reformer classes per month for £90 (£17 per class).

**PRIVATE REFORMER PILATES APPOINTMENTS**

PAY AS YOU GO (PAYG) £50 VALID FOR 30 DAYS

BLOCK OF 10 SESSIONS £450 VALID FOR 3 MONTHS

2:1 PRIVATE SESSION

PAY AS YOU GO (PAYG) £80 VALID FOR 30 DAYS

BLOCK OF 10 SESSIONS £700 VALID FOR 3 MONTHS

INTRODUCTORY PROMOTIONAL 3 CLASS PASS FOR NEW MEMBERS ONLY

£51 VALID FOR 25 DAYS

Rolling Membership Renewal:

Your membership will automatically renew on the purchase date each month. For instance, if you purchase your membership on the 10th of the month, subsequent payments will occur on the same date.

Cancellation or Pause:

To cancel or pause your membership, please email pilates@flowpilateskent.co.uk at least 14 days before the auto-renewal date.

Cancellation Policy:

A credit will be issued to your account if you cancel your class within 12 hours of its scheduled time. Refunds or credits are not offered for cancellations made after the 12-hour window or for no-shows.

Commitment Period:

By purchasing a membership, you agree to commit for a minimum of 3 months. After this period, you may cancel your membership with written notice.

Terms & Conditions:

- Unused classes/credits do not roll over to the next month.

- The membership remains active throughout the commitment phase, regardless of holidays, illness, or other reasons for non-attendance.

- Pass extensions are not permitted, even in cases of illness, sickness, or pregnancy. (Please refer to our post-natal policy for pregnancies.)

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Feel free to adjust any details as needed!